

CAREER BOOST CAREER COACHING PROGRAMS

Are you receiving food stamps? You may qualify for one of the career coaching programs below! A dedicated career coach from the agency you select will guide and support you to become the most qualified candidate for a job of your choice.

ELIGIBILITY REQUIREMENTS	DESCRIPTION	AGENCY	FOR MORE INFORMATION
City of Portland residents* Age 18 +	Career coaching, occupational skills training, job search, employment placement, and support services for immigrants & refugees to support employment & career goals.	IRCO 10301 NE Glisan Street Portland, OR 97220	Surya Joshi suryaj@irco.org 971-291-6496
Multnomah County residents* Age 18+ Experiencing homelessness or housing instability	Career coaching, occupational skills training, job search, employment placement, and support services to support the employment & career goals of individuals who are homeless, formerly homeless, or currently reside in publicly supported housing.	IRCO (address above)	Naomi Morgan naomim@irco.org 971-271-6435
		Human Solutions 12350 SE Powell Blvd. Portland, OR 97236	Shawna Hoffman shoffman@humansolutions.org 503-548-0231
		Urban League 10 N Russell St Portland, OR 97227	Robert Lawrence rlawrence@ulpdx.org Phone 503-280-2600
Multnomah County residents* from communities of color Age 18-29 Experiencing homelessness or housing instability	Career coaching, occupational skills training, job search, employment placement, and support services for youth who are homeless, formerly homeless, or currently reside in publicly supported housing.	POIC 717 N Killingsworth Ct, Portland, OR 97217	Tiana Hammon thammon@portlandoic.org 971-400-0201
Youth age 17-24*	Career coaching, occupational skills training in healthcare, manufacturing, IT, and construction; job search; paid internships; employment or post-secondary placement; and support services for immigrants and refugees to support employment & career goals.	IRCO (address above)	Alimamy Conteh alimamyc@irco.org 503-234-1541
Washington County residents* Low income Age 18 +	Career coaching, occupational skills training, job search, employment placement, and support services to support employment & career goals.	Community Action 241 SW Edgeway Dr., Beaverton, OR 97006	Jazmin Castro jcastro@caowash.org 971-722-2609

*All must be legal to work in US.

CAREER BOOST TRAINING				
SNAP recipients! Are you looking for opportunities in fast-growing industries with good pay? These trainings will help get your foot in the door.				
PROGRAM	DESCRIPTION		ELIGIBILITY REQUIREMENTS	FOR MORE INFORMATION
BankWork\$	This 8-week training program prepares you for a career in the financial services industry.		Age 18+ HS Diploma/GED	Susan Davis sdavis@seworks.org 503-545-5507
Rosetta Stone Advantage	Access online learning for English language learners at all levels.		English language learners at all levels	Any WorkSource Portland Metro Center
Construction Pre-apprenticeship Training	Jobs in well-paying construction trades can start with pre-apprenticeship training. Career Boost offers pre-apprenticeship through three providers. These 7-week to 10-week courses provide hands-on preparation and skills development leading to high-demand careers.	Oregon Tradeswomen	Age 18+ Female identified HS Diploma/GED	Brynn Hall jBrynn@tradeswomen.net 503.335.8200 x 124 www.tradeswomen.net
		Constructing Hope	Age 18+ HS Diploma/GED	Alvin Clavon alvin@constructinghope.org 503-281-1234 www.constructinghope.org
		POIC	Age 18+ HS Diploma/GED	Megan Bell mbell@portlandoic.org 503-797-7222 www.portlandoic.org
		Portland Youth Builders	Youth age 17-24 who need to complete high school	Courtney Rainwater 503-810-9752 courtney.rainwater@pybpd.org
Truck Driving Training	Resources are available to support earning a CDL license through an area certified training provider. Students are qualified to test for a commercial driver's license upon successful training completion.		Program targets women & people of color living in Multnomah County.	Contact staff at any WorkSource Portland Metro center and ask about truck driving training.
Target Sector Training	Career Boost scholarships provide training for careers in healthcare, manufacturing, and information technology. Training qualifies participants for credentials valued by local employers. Eligible training programs are listed on WorkSource Portland Metro's Eligible Training Provider list: https://www2.worksourceportlandmetro.org/TrainingProgramsEligibility.aspx		Age 18+ HS Diploma/GED	Contact staff at any WorkSource Portland Metro center and ask about Career Boost scholarships.
Health Careers NW	Are you interested in a career in healthcare? This program provides coaching, healthcare training, academic & career navigation, job placement, and support services to low-income adults.		Age 18+ SNAP/TANF/Medicaid recipient	www.healthcareersnw.org